

THE CLUB CONNECTION

THE OFFICIAL NEWSLETTER OF THE BOYS & GIRLS CLUB OF BANGOR



Brydon making a Valentine at APW



Residents and Members at APW

VALENTINE'S DAY ACTIVITIES



It was a very warm and fuzzy few weeks here at the Club while celebrating the Valentine's Day holiday. We always encourage our members to treat each other with love and respect for themselves, their peers, and the staff, and Valentine's Day was no different!

Cookies & Cards: Members of all age groups visited our elderly friends at Nason Park, APW, and Crestwood and enjoyed making Valentine's Day cards, eating cookies, drinking hot chocolate, and listening to a read aloud of the book, "Somebody Loves You, Mr. Hatch." Mr. Hatch is a drab, predictable gentleman who leads a painfully ordinary and uninteresting life. One Valentine's Day, a giant candy-filled heart is delivered to Mr. Hatch with a note that reads, "Somebody loves you." Just the thought of someone taking an interest in him completely changes the way Mr. Hatch interacts with his neighbors, friends, and co-workers.

Each month, we will be visiting our friends at Nason Park, Birch Circle and APW to cultivate relationships and participate in a fun activity or event.

Teen Party: The Teen members hosted a party at the Teen Center where they all enjoyed playing minute-to-win-it games, earning prizes, and snacking on delicious treats.



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UMAINE HOCKEY

DONOR SPOTLIGHT
& MEMBER OF THE
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FEBRUARY BREAK ADVENTURES!

TUESDAY → **SWIMMING AT THE BANGOR Y**

WEDNESDAY → **GYM GAMES & YOGA WITH BROOKE**

TEENS ONLY: BANGOR PUBLIC LIBRARY OPEN HOUSE

THURSDAY → **BOWLING & PIZZA**

FRIDAY → **SNOW TUBING AT HERMON MOUNTAIN**

Over February break, members got to experience several new and fun adventures. Meeting new friends and trying new activities was the theme of the week! For many, it was their first time going snow tubing at Hermon Mountain. It was cold, but worth it!

On Thursday, Brandon Smith bowled the high score of 98 at Bangor-Brewer Bowling Lanes. Also on Thursday, teens went to the Bangor Public Library Open House and learned about the different clubs and activities that the library has to offer that are geared towards teens and their peers. Thank you to the Bangor Y for allowing us to swim at no charge and to Bangor-Brewer Bowling Lanes for giving us a major discount. Your support is greatly appreciated.



Members in a yoga circle



Jaydah & Jayden swimming at the Y



Natalie snow tubing



Preston & Annie bowling



Rocki at the Library

CLUB CASH & CLUB MART



Romeo spending his Club Cash

Club Mart is BACK! Each week, members can earn "club cash" for completing certain jobs and tasks, including; completing homework on time, helping to pick up clutter and trash, sweeping the floors, wiping down surfaces etc..

Every other Friday, toys are available for purchase. Club Mart happens during Power Hour and members are allowed to save their club cash or spend it when they have enough to buy the toy that they want.

STAFF MEMBER SPOTLIGHT



Lauren

Lauren is working to help start the "MySELF Program" at the Club. The MySELF Program uses social-emotional learning (SEL's) to give children the tools and resources to be the best versions of themselves.

Lauren will lead classes at the Club that will focus on the 5 main competencies of social-emotional learning (self-awareness, self-management, responsible decision-making, relationship skills and social-awareness).

If you are interested in your child participating in this program, call Lauren @ 213-7797.

TEEN CENTER UPDATES

February was a busy month for the Teens! After being inspired by Partners for Peace during Valentine's Day, they had conversations about what love and healthy relationships look like to them. They created and presented comical skits at the awards ceremony, which featured a fake mustache, whipped cream pies in faces and our Teen Center Director failing at TikTok dances. One of their favorite activities lately has been working on "fidget spinner stories" where they randomly choose character traits, story lines, plots etc and then create stories from those randomly selected items. To learn more about the Teen Center program, contact Hannah Joy at 404-4398 or check out the teen Facebook, "Boys & Girls Club of Bangor Teen Center."



Several Teen Center members & staff member, Blake



What does LOVE mean to you?



Madison M. playing a minute-to-win-it game

FAMILIES FORWARD FEATURE:



Families Forward is a two generation program at BangorHousing, designed to help put families on the path to a better future. Families Forward participants work one on one with a coach who will help support them as they work towards their goals, and connect them with services and partners who can help them achieve these goals.

SPECIAL HIGHLIGHT: Families Forward hosted a **"Kickoff Event"** for all participating families on March 2nd. Families enjoyed games, pizza, prizes. They also heard from program partners about what services they offer, and of course, participants met each other and learned overall what the program can offer to families working towards their goals.

To learn more about this wonderful program or the preschool play group, call Bangor Housing at 942-6365 and ask to speak to someone on the Families Forward Team!

Mental Health Services Whether or not your family is enrolled in the Families Forward Program, if you are living in a Bangor Housing neighborhood, you are eligible to receive professional counseling from a licensed professional at Sweetser. Children, adult, or family counseling is available and the location is flexible. Counselors are willing to make house visits or meet at the Griffin Park Community Center at a time that fits your schedule.

AWARDS CEREMONY

Several youth were honored at the Awards Ceremony on February 14th. Parents, community members and friends were invited to support our members and all they have accomplished so far this school year. They have worked incredibly hard completing their homework every day, practicing sportsmanship and teamwork, and being good friends to each other. Each member anonymously nominated one of their peers for an award and then the staff randomly picked 8 winners. The Award recipients from left to right: Kymani, Shainya, Logan, Chenele, Brandon, Orlando, & Adrienne (not pictured: Abby). Congratulations!



DONOR SPOTLIGHT

FEBRUARY 2020

We would like to recognize the following community members, organizations, and businesses for the contributions they made. **THANK YOU!**

JENN ELDRIDGE: CLOTHES & BOOTS

WARREN CARUSO: SNACKS

TANYA CRABTREE: FOOD FOR THE PANTRY



CLUB MEMBER OF THE MONTH

TJ

TJ is an outstanding Club member. He is a great friend to his peers, makes everyone feel included, and helps out whenever he is needed. TJ is respectful towards staff and tries his best every day. He works hard and we are very proud of him!

TJ'S INTERVIEW

What do you like to do for fun?

"I like to color, play on the computer, and help people when they are not feeling good."

What do you want to do when you grow up?

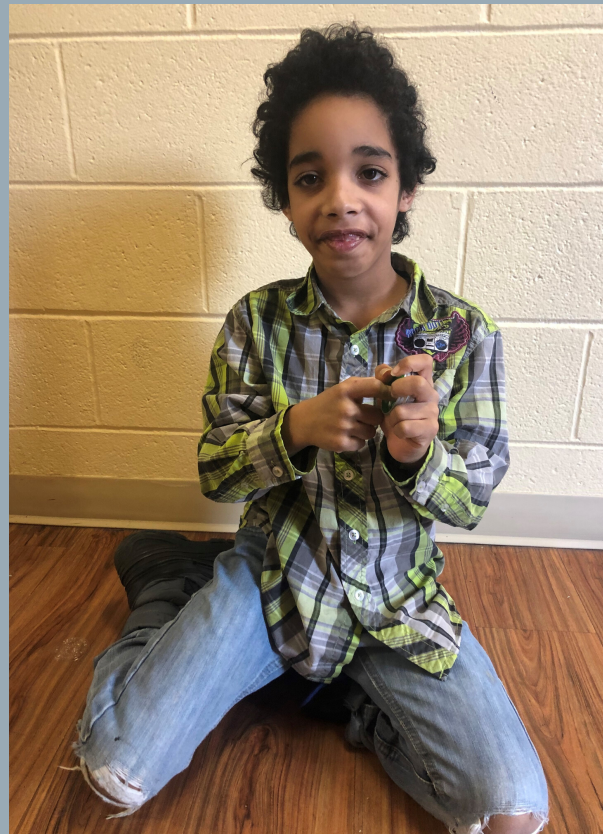
"I want to buy Pokemon cards and keep opening them until I get the Shining Charzard GX."

What do you like most about school?

"I like that we get to play and get Golden Tickets."

What is your favorite thing about the Boys & Girls Club?

"When we play games like Rainbow Tag, Watch Your Back Tag, and Head It, Catch It."



SAVE THE DATE:

**TEACHER
IN-SERVICE DAY**

March 20th: No School. CLUB CLOSED

FOOD PANTRY

OPEN FRIDAYS 4:30-5:30pm
in the gym

**3RD QUARTER
RANKING PERIOD
ENDS**

April 3rd

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Follow us on Facebook! Search "Boys & Girls Club of Bangor" for announcements and updates

BE GREAT

